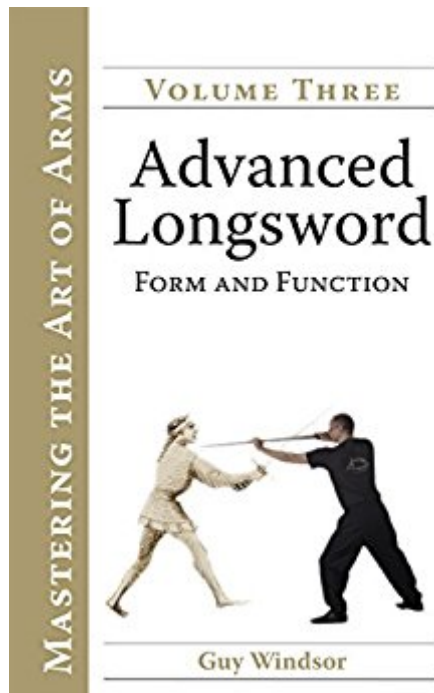


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# Advanced Longsword: Form And Function (Mastering The Art Of Arms Book 3)



## Synopsis

This book builds on the foundation laid in *The Medieval Longsword*, and teaches you how to train Fiore dei Liberi's Art of Arms, as shown in his 1410 manuscript *Il Fior di Battaglia*. Renowned swordsman and author Guy Windsor explains three of the longsword forms that are used every day in *The School of European Swordsmanship*: The Cutting Drill, The Farfalla di Ferro, and The Longsword Syllabus Form. Each form is explained step by step and application by application, with abundant photographs and images from Fiore's manuscript. Guy takes you through each step first as a pair drill, then as part of the form, then as a starting point for further training, or for further research into *Il Fior di Battaglia*. Within these pages you will find in-depth instructions and analysis, dozens of tips for how to improve your skills, and enough material for years of study. Guy Windsor has been training martial arts for 30 years, and teaching professionally since he founded *The School of European Swordsmanship* in 2001. The School has branches and study groups all over the world. Guy's other books include *The Swordsman's Companion*, *The Duellist's Companion*, *Veni Vadi Vici*, *Mastering the Art of Arms volume 1: The Medieval Dagger*, and *Mastering the Art of Arms volume 2: The Medieval Longsword*. You can find him online at [guywindsor.com](http://guywindsor.com), and on Facebook and Twitter.

## Book Information

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## Customer Reviews

This is the longsword book you've been waiting for. Building on the foundation of the two earlier books in the "Mastering the Art of Arms" series, Guy Windsor dives deeply into the cutting drill and syllabus form used by his School of European Swordmanship, including applications. There's a wealth of nuance and context, and Guy adeptly targets the details that a reader with a few years' experience will want the most. As always, Guy's writing is clear and concise and approachable; he presents complex concepts and techniques with skill and grace. The book also includes a section on training with sharp swords. This is fascinating reading, but for me at least this will remain an academic curiosity for the foreseeable future. Perhaps in a few more years I'll be ready for this step, but today that's a bit too "advanced" for me. Summary: Well worth the cover price just for the syllabus form alone. If you have a longsword in your life, what are you waiting for?

Once again, well done Mr Windsor. Advanced Longsword: Form and Function does exactly what the title suggests - teaches you the advanced forms of longsword, based on Il Fior di Battaglia (The Flower of Battle) manuscript of the 15th Century master of arms Fiore dei Liberi. This is not a book you should pick up as your first glimpse of Italian longsword. It is very specifically designed for swordsppeople who have already delved deeply into Mr Windsor's previous Italian Longsword manual, The Medieval Longsword. The book provides the reader with a number of forms you can use to extend and enhance your longsword training, including the Cutting Drill, the Farfalla di Ferro and the Longsword Syllabus Form. Photographs and images from Fiore's manuscript are used throughout the book, with each form explained step by step. After using both books, serious HEMA practitioners should have an excellent grasp of both the fundamentals and advanced concepts of Italian longsword, giving you a launch pad for further training, or more research into Il Fior di Battaglia. I strongly recommend this book for people who already have some experience in HEMA and Fiore's treatise in particular. For those of you new to Italian longsword, you should go out immediately and get Mr Windsor's previous work - "The Medieval Longsword, before purchasing this one (although you should buy both!).

Don't laugh, when they invent one you will need techniques to use it, and what could be closer or more useful than the real techniques of real knights? There is even a picture of a toy light saber in

the book. Disclosure: I got a free copy but decided to buy it anyway. It has a very interesting information in the use of Forms in order to train in the martial arts. A small part on the poleax. Also an interesting bit of information in how to kick. The most unusual is probably the section in using sharps, yes very long pieces of sharpened steel that can cut people in half, and believe me it really makes a difference. I believe that is almost magical the way in which from a forgotten source Guy Windsor and others are bringing back to life part of our heritage. Yes, you should purchase and study the previous book, but believe me this one is worth the price. I am giving it 5 stars but it deserves less, because the marketing is very incomplete. Guy Windsor is giving for free in his website a ton of videos and information that are really helpful, and that most people would market for extra money. Or perhaps it deserves more stars? The Farfalla de Ferro for example is a beautiful flow exercise that is explained here, and you can see a very well done instructional video of it. Also the form created for the practice of the longsword deserves mention. You like swords? I am doing sport fencing in a place in which finding french epees is considered weird, but I find this stuff fascinating, and hope to keep learning and one day be a swordplayer. What is your dream? Peter A Sword Nerd

As an owner of Guy's The Medieval â | books, all I can say that they are well written, very accurate and follows a very good approach. I like Guy's philosophy and found that he is the type who A., enjoys teaching B., capable of teaching. I've found them to be very useful in competitive fencing.

Perfect. Exactly what I wanted after reading and following Volume 2, this takes your understanding deeper and further. Breadth and depth. It will take a long time for me to process all of the knowledge here, but that is what I look for. Not a tutorial from scratch but a continuation of the methodology and process laid out in the previous work. I rate it highly.

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